



Disciplines in Bold, Ways to practice below

**Scripture:**

- 1. Commit Daily Time
  
- 2. Start with a Gospel  
(Mark or John)
  
- 3. Pick a manageable amount

**Community/Hospitality:**

- 1.
  
- 2.
  
- 3.

**Sabbath:**

- 1. Pick a 3-4 hour chunk of time  
distraction free/ phone off
  
- 2. A restful practice or 2 alone
  
- 3. A restful practice or 2 with  
family and/or friends

**Generosity/Service:**

- 1.
  
- 2.
  
- 3.

**Prayer/Fasting:**

- 1. Intentionally seeking out  
strangers rather than friends
  
- 2. Inviting people for meals
  
- 3. Inclusive posture &  
conversations

**Witness:**

- 1.
  
- 2.
  
- 3.

# Hospitality:

Love

The Grid:

\_\_\_\_\_ & \_\_\_\_\_

Invite

What do YOU need to Stop?

Welcome

Share

What activities bring YOU rest and joy?

Acts 2:42-47

Hebrews 13:1-8

Luke 10:1-10

Ideas for Sabbath practices and activities:

Romans 12:13

1 Peter 4:8-10

Is Hospitality a part of your life currently? Why or Why not?

## Helpful Sabbath Resources:

<https://www.reviveourhearts.com/podcast/weekend/hospitality-and-reaching-the-lost/>

<https://podcasts.apple.com/gb/podcast/radically-ordinary-hospitality-eating-and-drinking-e1/id1592847144?i=1000561006046>

<https://practicthewayarchives.org/teaching/practice-hospitality>

## **The Gospel Comes with a House Key**

by Rosaria Butterfield

## **You're Welcome Here**

by Nancy DeMoss Wolgemuth

## **Practicing the Way**

by John Mark Comer

## **Extraordinary Hospitality (for Ordinary People)**

by Carolyn Lacey

## **Making Room**

by Christine D. Pohl

## Potential Hospitality Practices:

- Sharing your home, food, resources, vehicles, and all that you call your own so that another might experience the reality of God's welcoming heart
- Reaching out to and receiving the stranger or the enemy with the hope that he or she might be transformed into a friend
- Loving, not entertain, the guest
- Welcoming others into your clique, group, club, life
- Spontaneously inviting people for meals
- Reaching out beyond your nuclear family to include others
- Hosting exchange students
- Intentionally keeping extra food (snacks & refreshments) on hand for guests, friends, and strangers
- Intentionally keeping extra meals on hand for unexpected opportunities
- Keeping an eye on the room for strangers, the lonely, and outcast
- Developing communication skills that put others at ease