

Disciplines in Bold, Ways to practice below

Scripture:

- 1. Commit Daily Time
- Start with a Gospel (Mark or John)

Sabbath/ Rest:

3. Pick a manageable amount

 Pick a 3-4 hour chunk of time distraction-free/ phone off
 A restful practice or 2 alone

3. A restful practice or 2 with

family and/or friends

Community/ Hospitality: 1. Intentionally seeking out

2. Inviting people for meals

3. Inclusive posture and

conversations

strangers rather than friends

Witness:

- Pray for specific people in your life who don't know Jesus yet
- Share with someone how God has showed up in your life recently
- Ask yourself: "Am I carrying the Name or profaning the Name?"

<u>Generosity/Service</u>:

- 1. Using your Time, Talent, and Treasure for God's Kingdom
- 2. Volunteering
- 3. Find ways to do things with no recognition

Prayer/ Fasting:

- 1.
- ~
- 2.
- 3.

| Service Sermon Notes | | | |
|--------------------------------------------------|---------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Service Defined | Scripture Passages: | <u>Helpful Resources</u> : | Potential Service Practices: |
| Original Greek Word | Matthew 20:20-28 and Mark 10:35-45 | https://www.truthforlife.org/ resources/?topic=service https://podcasts.apple.com/us/ podcast/service-ft-bethany-allen | Sharing your home, food, vehicles, resources and all that you call your own so that another might experience the reality of God's welcoming heart |
| | John 13:1-17 | -unforced-rhythms-of-grace-e7/ id1592847144?i=1000655896960 | Purchasing a coffee for someone ahead of you or behind you in line |
| Regarding "Greatness" | | https://www.youtube.com/ watch?v=Ty6Die3WC8Y | Tipping a waiter or waitress above and beyond for the fun of it! |
| Self-Righteous or True? | Matthew 25:31-46 | <u>https://youtu.be/-WP-r0y_Lsg?</u> <u>si=q3ltRgJxUmvZ80Ee</u> | Shoveling/ plowing your neighbor's driveway while they are away Think of places you have influence and use it to benefit others |
| | Matthew 22:34-40 | The Gospel Comes with a House Key by Rosaria Butterfield | Reaching out to and receiving the stranger or the enemy with the hope that he or she might be transformed into a friend |
| Internal Disciplines vs. External Disciplines | | Practicing the Way by John Mark Comer | Welcoming others into your clique, friend group, club, life |
| | Acts 6:1-7 | Celebration of Discipline by Richard J. Foster | Holding the door open for someone with a smiling face |
| | | Water From a Deep Well by Gerald L. Sittser | Helping a neighbor rather than complaining about them |
| Gifts to Give, Blessings to Bless | Romans 12:1-2 | Practicing Our Faith by Dorothy Bass | Sharing a story of God's goodness in your life with someone |
| | | Practicing Our Witness by Benjamin T. Conner | Service projectsServing in a ministry at church |
| | | The Deeply Formed Life | |

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