

Disciplines in Bold, Ways to practice below

Scripture:

- 1. Commit Daily Time
- Start with a Gospel (Mark or John)

Sabbath/ Rest:

3. Pick a manageable amount

 Pick a 3-4 hour chunk of time distraction-free/ phone off
 A restful practice or 2 alone

3. A restful practice or 2 with

family and/or friends

Community/ Hospitality: 1. Intentionally seeking out

2. Inviting people for meals

3. Inclusive posture and

conversations

strangers rather than friends

Witness:

- Pray for specific people in your life who don't know Jesus yet
- Share with someone how God has showed up in your life recently
- Ask yourself: "Am I carrying the Name or profaning the Name?"

<u>Generosity/Service</u>:

- 1. Using your Time, Talent, and Treasure for God's Kingdom
- 2. Volunteering
- 3. Find ways to do things with no recognition

Prayer/ Fasting:

- 1.
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- 2.
- 3.

Service Sermon Notes			
Service Defined	Scripture Passages:	<u>Helpful Resources</u> :	Potential Service Practices:
Original Greek Word	Matthew 20:20-28 and Mark 10:35-45	https://www.truthforlife.org/ resources/?topic=service https://podcasts.apple.com/us/ podcast/service-ft-bethany-allen	 Sharing your home, food, vehicles, resources and all that you call your own so that another might experience the reality of God's welcoming heart
	John 13:1-17	-unforced-rhythms-of-grace-e7/ id1592847144?i=1000655896960	 Purchasing a coffee for someone ahead of you or behind you in line
Regarding "Greatness"		https://www.youtube.com/ watch?v=Ty6Die3WC8Y	 Tipping a waiter or waitress above and beyond for the fun of it!
Self-Righteous or True?	Matthew 25:31-46	<u>https://youtu.be/-WP-r0y_Lsg?</u> <u>si=q3ltRgJxUmvZ80Ee</u>	 Shoveling/ plowing your neighbor's driveway while they are away Think of places you have influence and use it to benefit others
	Matthew 22:34-40	The Gospel Comes with a House Key by Rosaria Butterfield	 Reaching out to and receiving the stranger or the enemy with the hope that he or she might be transformed into a friend
Internal Disciplines vs. External Disciplines		Practicing the Way by John Mark Comer	 Welcoming others into your clique, friend group, club, life
	Acts 6:1-7	Celebration of Discipline by Richard J. Foster	 Holding the door open for someone with a smiling face
		Water From a Deep Well by Gerald L. Sittser	 Helping a neighbor rather than complaining about them
Gifts to Give, Blessings to Bless	Romans 12:1-2	Practicing Our Faith by Dorothy Bass	 Sharing a story of God's goodness in your life with someone
		Practicing Our Witness by Benjamin T. Conner	Service projectsServing in a ministry at church
		The Deeply Formed Life	

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